



ASSOCIATION FOR MUSIC THERAPY (SINGAPORE)  
新加坡音乐治疗协会

UEN: T07SS0236E

## INTRODUCTORY BONNY METHOD GUIDED IMAGERY AND MUSIC (GIM) RESIDENTIAL TRAINING 2016

**Date:** 13 Mar 2016, Sunday 1400h to 18 Mar 2016, Friday 1400h

**Location:** Montfort Centre, 622 Upper Bukit Timah Rd, Singapore 678117

**Cost:** \$1500 (AMTS Professional Members), \$1700 (Regular)

For enquiries please contact [sgmt.events@gmail.com](mailto:sgmt.events@gmail.com)

### **About BMGIM**

The Bonny Method of Guided Imagery and Music (BMGIM) offers career training for professionals in a variety of counselling professions, human services and related fields. The training curriculum spans three sequential levels of training. At the successful completion of Level III the graduate becomes a certified Fellow of the Association for Music and Imagery and is qualified to practice BMGIM as a specialist in a variety of settings.

This 6D5N residential seminar introduces theory and clinical applications of the Bonny Method of Guided Imagery and Music (BMGIM) and other music and imagery techniques. Participants gain intensive personal experience with BMGIM, along with hands-on experiential exercises, demonstrations, and clinical examples. It is the foundation for the entire training program and can be taken either for personal or professional development.

### **Prerequisites**

- A degree in Music Therapy or allied health discipline (e.g. social work, counselling, etc.).

Applicants who do not meet the prerequisite may apply and approved at the discretion of the trainers.

### **Accreditation**

Our professional training is endorsed through the Association of Music and Imagery (AMI) in USA. A certificate of completion of contact hours is provided for professional development credentials.

### **Topics taught:**

- o The spectrum of Music Imagery to the Bonny Method of Guided Imagery & Music
- o Supportive & Re-educative Music and Imagery methods for individuals
- o Relaxation inductions
- o Music and imagery for young children & groups
- o Basic understanding of the mandala form and processing imagery
- o The Bonny Method of Guided Imagery and Music
- o Interventions for individual Bonny Method dyads
- o Dyad experiences: twice as a traveller, and twice as a guide
- o Music Drawing Narrative
- o Ethics and limitations of practice



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### About the trainers

o **Professor Dr. Denise Grocke PhD, RGIMT, RMT, FAMI**

Denise is the Director of Guided Imagery and Music training at the University of Melbourne. She is co-author of Receptive Methods in Music Therapy (2007), and co-editor of The Bonny Method of Guided Imagery and Music (2002).

o **Carolyn Van Dort MA, RGIMT, RMT**

Carolyn is listed on the PACFA register of Psychotherapists & Counsellors, and has 20 years' experience in Music Therapy and Guided Imagery and Music. She works as a psychotherapist in private practice and community groups using music and mindfulness.

### Terms & Conditions:

- o Price includes twin-sharing, air-conditioned accommodation with ensuite bathrooms.
- o All meals are catered for (Breakfast, Lunch, Dinner & 2 tea breaks). Airfare and transfers not included.
- o Cancellation will only be entertained due to medical reasons by Apr 30 2015 where 50% will be refundable.
- o AMTS reserves the right to make changes.

### Frequently Asked Questions

1. **How do I apply?**

Please use the online registration form (<http://tinyurl.com/bmgim15app>), with **2 referee forms** - 1 Professional, 1 Character. (<http://tinyurl.com/bmgim15ref>). Applications will be vetted through by trainers and interviews may be conducted if necessary.

2. **How do I make payment?**

You are required to make payment in full within one week after a place is offered. Only Telegraphic Transfers (overseas) or Internet Banking (local) are accepted. Please email [sgmt.events@gmail.com](mailto:sgmt.events@gmail.com) with the transaction reference after payment.